

Just a Reminder ...

Entries due by February 28,
2025 at Midnight Central
time.

Get Your Pinewood Derby Design On A Race Car!



Zachary Tinkle
NASCAR® ARCA Driver
Former Cub Scout

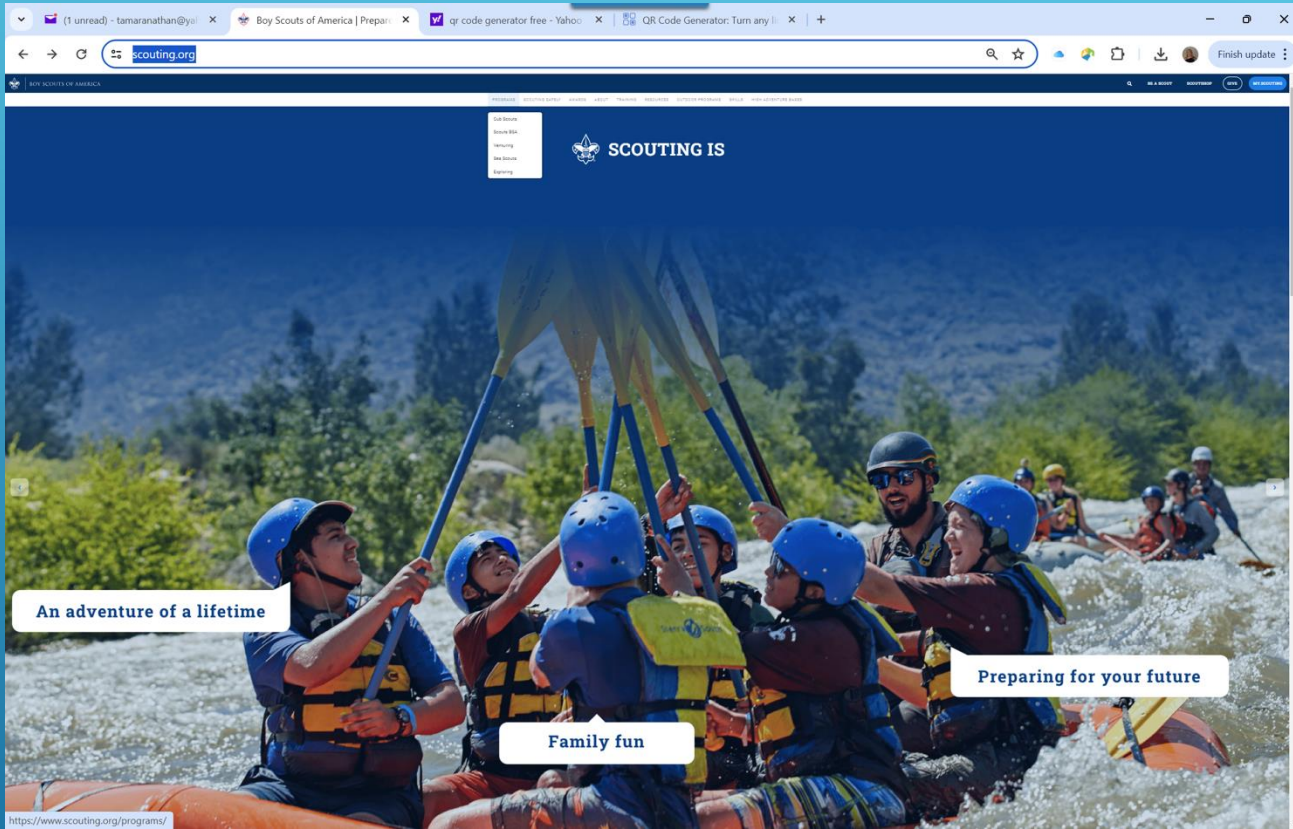


Winner Receives:

- Design on Zachary's race car 4/19/25
at Rockingham Speedway
- Name on passenger name rail
- Four pit passes to Rockingham
- Travel expenses paid to Rockingham, NC

Send us a photo of your Pinewood Derby car design for a chance to
win an awesome prize pack from Zachary Tinkle.

Visit: go.scoutlife.org/zacharytinklecontest



JUST A REMINDER: NAVIGATE FROM SCOUTING.ORG OR QR CODE

- Program
- Cub Scouts
- (scroll down) Cub Scout Adventures





Pack 2831
Chesterfield, VA



Georgia-Carolina Council

Activity Center	Content	Comments
Prior to Pack Meeting	Review the most recent Safety Afloat and Safe Swim Defense guidelines in the Guide to Safe Scouting	Adult Leader
	Before attempting requirements for this Adventure, you must pass the Scouting America swimmer test.	All Dens
	Jump feet first into water over your head while wearing a life jacket. Then swim 25 feet wearing the life jacket.	Webelos & AOL Dens
	Review Safety Afloat	Webelos & AOL Dens
	With your den or an adult, discuss the role of qualified adult supervision at a paddle craft activity.	Bear Den
	Pick a paddle craft for which to complete all requirements: canoe, kayak, or stand-up paddleboard.	All Dens
Gathering	Discover how to tell if a life jacket is the correct size and approved for your paddle craft activity. Demonstrate how to wear it.	All Dens
Opening	Scout Oath & Law	

Activity Center	Content	Comments
Station 1 – Out of Water	Demonstrate how to enter and exit a canoe, kayak, or stand-up paddleboard safely.	
Station 2 – Out of Water	Discuss what to do if your canoe or kayak tips over or you fall off your stand-up paddleboard.	
Station 3 – Out of Water	Learn how to pick a paddle that is the right size for you.	
	Learn two paddle strokes – power stroke and sweep.	
Station 4 – In the Water	Explore how your paddle craft responds as you move your paddle through the water.	Bear & Webelos Dens
Station 5 – In the Water	Have 30 minutes, or more, of canoe, kayak, or stand-up paddleboard time.	All Dens
Closing	Cubmaster Minute	
After the Meetings	Police line for trash, clean and properly store the watercraft and lifejackets.	

Swim Classification Test

- Should be administered BSA Aquatics Instructor, BSA Swimming & Water Rescue Instructor, any lifeguard, any swimming instructor
- Needs to be done in water over the head in depth
- Should have ample room in the pool
- Need to:
 - Jump feetfirst into water over the head in depth
 - Swim 75 yards in a strong manner
 - No dog paddle or underwater stroke
 - Perfect form is not necessary
 - Swim 25 yards using an easy, resting backstroke
 - Must be completed in one swim without stops, and include one sharp turn
 - After completing the swim, rest by floating
 - Can be a back float or facedown floating



Safe Swim Defense

- Adult leaders supervising swimming activities must have completed Safe Swim Defense training within the previous two years.
- Should have at least one lifeguard for every ten participants, or two adult rescue personnel.
- Must have additional lifeguards or rescue personnel for each additional 10 youth.
- Must have an appropriate number of lookouts, as defined by the [Aquatics Supervision](#) manual.
- Use the buddy system.



Safety Afloat

- Adult leaders supervising activities afloat must have completed Safety Afloat training within the previous two years.
- The leadership ratio is one trained adult, staff member, or guide per five participants.
- At least one leader must be trained in first aid including CPR.
- Must have completed the swimmer classification test to operate any boat.
- Properly fitted life jackets must be worn by all participants.
- Buddy pairs and buddy boats.
- Review Hazardous Weather training.





Pack 20
Johnston, RI



Tidewater Council



Dan Beard Council

Before the Meeting



Bears Afloat	Paddle Onward	Paddle Craft
<p>1) Before attempting requirements 6 and 7 for this Adventure, you must pass the BSA swimmer test.</p>	<p>1) Before attempting requirements 5, 6, 7, 8 and 9 for this Adventure, you must pass the BSA swimmer test.</p>	<p>1) Before attempting requirements 5, 6, 7, 8 and 9 for this Adventure, you must pass the BSA swimmer test.</p>
<p>5) Discover how to tell if a life jacket is the correct size and approved for your paddle-craft activity. Demonstrate how to wear it.</p>	<p>4) Demonstrate how to identify and properly wear a life jacket that is the correct size.</p>	<p>4) Demonstrate how to identify and properly wear a life jacket that is the correct size.</p>
	<p>5) Jump feet first into water over your head while wearing a life jacket. Then swim 25 feet wearing the life jacket.</p>	<p>5) Jump feet first into water over your head while wearing a life jacket. Then swim 25 feet wearing the life jacket.</p>

Before the Meeting



Bears Afloat	Paddle Onward	Paddle Craft
2) Pick a paddle craft you'll use to complete all requirements: canoe, kayak, or stand-up paddleboard.	2) Pick a paddle craft you'll use to complete all requirements: canoe, kayak, or stand-up paddleboard.	2) Pick a paddle craft you'll use to complete all requirements: canoe, kayak, or stand-up paddleboard.
3) With your den or an adult, discuss the role of qualified adult supervision at a paddle-craft activity.	3) Review Safety Afloat	3) Review Safety Afloat
4) Explain the safety rules to follow when safely using a paddle craft.		

During the Trip
Out of the Water



Bears Afloat	Paddle Onward	Paddle Craft
	6) Demonstrate how to enter and exit a canoe, kayak, or stand-up paddleboard.	6) Demonstrate how to enter and exit a canoe, kayak, or stand-up paddleboard.
	7) Discuss what to do if your canoe or kayak tips over or you fall off your stand-up paddleboard.	7) Discuss what to do if your canoe or kayak tips over or you fall off your stand-up paddleboard.

During the Trip In the Water



Bears Afloat	Paddle Onward	Paddle Craft
<p>6) Explore how your paddle craft responds as you move your paddle through the water from different places.</p>	<p>8) Learn how to pick a paddle that is the right size for you. Explore how the paddle craft responds to moving the paddle.</p>	<p>8) Learn two paddle strokes: power stroke and sweep.</p>
<p>7) Have 30 minutes or more of canoe, kayak, or stand-up paddleboard paddle time.</p>	<p>9) Have 30 minutes or more of canoe, kayak, or stand-up paddleboard paddle time.</p>	<p>9) Have 30 minutes or more of canoe, kayak, or stand-up paddleboard paddle time.</p>



Pack 346
Spring, TX



Pack 473
Richmond, VA

Resources to Check Out

Cub Scout Den Meeting Resources: <https://www.scouting.org/programs/cub-scouts/adventures/>

[Aquatics Safety](#)

[Swim Classification Record](#)

[Aquatics Supervision Guide](#)

Trainings: [Hazardous Weather](#) / [Safe Swim Defense](#) / [Safety Afloat](#)

[Facebook Groups:](#)

- Cub Scouting Tips and Tricks
- Cub Scout Volunteers
- Cub Scout Leaders Scouting Cubmasters Den Leaders